#### Lamoni Community School Newsletter October 2017

#### CONTACT INFORMATION

#### WEBSITE:

www.lamonischools.org

Phone: Elem 784-3422

MS & HS 784-3351 Fax: 784-6548

#### **ADMINISTRATION**

Chris Coffelt,
Superintendent
Alan Dykens,
Pre K-12 Principal

#### **BOARD OF EDUCATION**

Chip Millslagle- President
Michele Dickey-KotzVice Pres
Larry Heltenberg
Nate Pierschbacher
Kris Stevenson

School Board Meeting Wed Oct 11th 6:00 pm



#### **IMPORTANT DATES**

Oct 25- End 1<sup>st</sup> Quarter Oct 26- Begin 2<sup>nd</sup> Quarter

Oct 25-29 National FFA Convention

Oct 30- Parent-Teacher Conferences 3-7 1pm dismissal

Nov 2- Parent-Teacher Conferences 3-7 1pm dismissal

Nov 3- Comp Day- No School

See the full calendar of events at: https://calendar.google.com/calendar

#### **RED RIBBON WEEK**

Red Ribbon week is the nation's oldest and largest drug-prevention campaign in the country, reaching millions of Americans every year. Promoting drug awareness and preventing illegal drug use among our students is the goal of this annual campaign. The Lamoni Community School District is honoring the Red Ribbon Week October 23rd through October 27th. The theme for the Red Ribbon Week is (Your Future is Key so Stay Drug Free). Our local police will be here on Wednesday, October 25<sup>th</sup> to talk with the MS and the HS students about staying drug free. We have a lot of fun activities and dress themes that we have planned for the week.

#### From the Desk of Mr. Coffelt

Lamoni School Community,

As we begin October, the shorter days, cooler nights and changing leaf colors emphasize the transition from summer to fall. One of the more significant fall rituals in Lamoni is Homecoming. School spirit is strong as students and staff engage in activities and competitions during the week, culminating with our parade Friday and game that evening against Wayne. Thank you to all in the community of you who provide support during this week.

School Board elections were held
September 12, resulting in the re-election
of Chip Millslagle, the election of Kris
Stevenson and the continuation of Nate
Pierschbacher on the Board of Education.
Congratulations to these Directors, who
join Michele Dickey-Kotz and Larry
Heltenberg. The commitment of each of
these individuals to this District will build
upon the work of those who served
before them and provide the leadership
required for the District to continue to
excel and serve students.

As a part of our continued efforts to renew our district vision and mission, we have developed a mantra this school year that has been incorporated into our work with Positive Behavior Intervention and Supports (PBIS): In all we do - PRIDE. PRIDE is an acronym in which each of the letters are standards meant to guide the daily decisions and actions for all students and staff in our school community. These pillars include:

- Perseverance
- Respect
- Integrity
- Discipline
- Enthusiasm

I am excited by the conversations staff and students engaged in at the beginning of the school year and the ways in which our school community demonstrates PRIDE on a daily basis. Over the summer we completed two facility projects, including the installation of dedicated outlets in the middle school to address current electric needs and the installation of new LED lights in the high school gym. The difference in lighting in the gym is tremendous and enhances the overall effect in the gym for athletes and the spectators. Additionally, installation of the preschool playground began this week and should be ready for our youngest learners to play on as we transition into October. These projects demonstrate the Board of Education's continued focus on maintaining and providing quality facilities.

Thank you for your ongoing support. It's an exciting time at Lamoni Schools, where Demons have PRIDE!

**Chris** 

#### From the Desk of Dr. Dykens

The school year is flying by. I can't believe that we are already in October. Fall weather is upon us and we are off to a great start. The fall sports are making our school and community proud.

Volleyball is off to a remarkable start. Congratulations on the success you are having ladies (and Brett). Football is competing extremely well with a group of young men who are exciting to watch. The defense is flying around and the offense is clicking and putting up big plays and points. A very close game last week and a great match-up for homecoming keeps everybody on the edge of their seats as the boys continue in conference play. Our cheer squad is growing in numbers and keeping the crowd enthused. Put it all

together, and we have a great start for our Demon Athletics.

School pride is rising as our students are displaying characteristics that will make any community proud. Our FFA students are competing well in their competitions. Our band is sounding tremendous. Homecoming has been a blast with increased school spirit and PRIDE being incorporated in the quality of the dance-off competition and the overall participation for each activity. We are proud of our students and wish them nothing but the best in each endeavor they participate.

Most importantly the academic achievement of our students is on the rise. We are seeing a decline in the number of deficiencies on our progress reports, and our teachers are thinking "outside the box" with their academic offerings. This is really being incorporated with our inquiry-based educational practices across curriculums. This is really exciting because our students are being engaged at levels that cause them to think critically and efficiently to solve problems and find results. This is also creating a more hands-on approach to several of our classroom environments. This concept is really seen in science where our curriculum has totally been moved to an online format. Now our students have the most up to date information concerning recent events and our teachers can foster more "real world" discussions

MAP testing does start next week for the high school and will follow for the middle school and elementary school respectively. Please, take the time to encourage our students to do their best. They can do this by taking their time on the exam, answering all of the questions, getting plenty of rest, eating a healthy breakfast and staying well hydrated. I know it sounds really simple, but a quick reminder of these components could make the difference in our students' ability to perform at their optimal level. We want all to be successful. Success occurs when preparation meets opportunity. Preparing all facets of our lives will give our students the best opportunity to be successful next week.

It is a great time to be a Lamoni Demon!

In All We Do – PRIDE!

Dr. D



#### **October is Bulling Prevention Month**

Amanda Mitchell

Not all issues of conflict are bullying, and students should feel free to report any issues or problems they have with other students to a responsible adult. Schools have systems in place including PBIS (this stands for positive intervention behavior and support) to address all student issues. In the case of bullying, there are three roles, the bully, the target, and the bystander, and students may not even realize what role they play. The best way to prevent bullying from ever becoming a problem here at Lamoni Public Schools is through open communication and conversation with students about how to treat others and how they want to be treated. Teachers, parents and guardians along with other school staff have an opportunity to make a difference and create a safe school environment for everyone by keeping these lines of communication open. Let's work together to prevent bullying in our schools.



#### **Healthiest Walk**

Alice Sweeten, School Nurse

Wednesday October 4<sup>th</sup> Lamoni Community School will join with the State of Iowa in the Healthiest Walk. All 99 counties in the State of Iowa will be walking some time during the day.

Seven years ago, the Iowa Healthiest State Initiative launched the "start somewhere" walk as an opportunity to engage Iowans to join us in making Iowa the healthiest state in the nation. We have seen a growing interest from Iowans in making communities more walkable, with bike trails and walkways. Walking is the easiest, most affordable and accessible form of physical activity and one of the best ways to stay healthy. It's also one of the best ways to connect with others. Through walking, you get to catch up and refresh your mind, and the physical benefits add up too.

Breast Cancer is a disease that begins in the breast tissue; it's the second most common type of cancer and mainly affects women (breast cancer is rare in men).

During 2005, over 185,000 women were diagnosed with breast cancer. Left undetected and untreated, breast cancer can spread to other areas of the body. Given the high incidence and destructive nature of breast cancer, early prevention and treatment of this disease is a high priority.

Lamoni School District is making Tuesday, October 17<sup>th</sup> as the day to make others more aware of Breast Cancer by wearing **PINK.** All of our staff and students will be ask to wear pink that day as a sign of our love and support. Mr. Olson will have a jump-a-thon during some of his PE classes.

Many of our families and our own school staff have been affected by this disease and we as a school want to show them how much we care

Alice Sweeten, School Nurse

# October

2017

### Lamoni Community School District

Menu Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Breakfast offers	2 French Toast/Sausage	3  Pancaka Sausaga Stick	4 Muffin & Cheese Stick	5 Biscuits & Gravy	6	7
1% & Skim Milk		Pancake Sausage Stick	<del>-                                   </del>	<del>-                                   </del>	Long John & Cheese	
	Chicken Nuggets	Hamburger/Bun	National Taco Day	Crispito w	National Noodle Day	
Yogurt Fruit or Juice	Green Beans	Baked Beans	Soft Taco & Corn	Sour cream & Salsa	Hotdog/Bun	
Cereal & Toast 2 <sup>nd</sup> choice	Fruit & Veggie Bar	Fruit & Veggie Bar	Fruit & Veggie Bar	Carrots Fruit & Veggie Bar	Macaroni & Cheese Fruit & Veggie Bar	
8	9	10	11	12	13	1.
	Muffin & Cheese	Long John & Boiled Egg	Pizza Boat	French Toast & Bacon	Cinnamon Roll	
	Popcorn Chicken	Burrito	Chicken Alfredo	Stuffed Crust Pizza	Chicken Gravy & Biscuit	
	Baked Beans	Corn	Green Beans	Peas	Carrots	
	Fruit & Veggie Bar	Fruit & Veggie Bar	Fruit & Veggie Bar	Fruit & Veggie Bar	Fruit & Veggie Bar	
15	16	17	18	19	20	2
	Breakfast Wrap /Sausage	French Toast & Cheese	Omelet & Toast	Muffin & Boiled Egg	Breakfast Pizza	
	Calzone w/Salsa	Mr. Rib/Bun	Chicken Nuggets	Hamburger/Bun	Corn Dog	
	Peas	Carrots	Green Beans	Bacon & Cheese Optional	Baked Beans	
	Fruit & Veggie Bar	Fruit & Veggie Bar	Fruit & Veggie Bar	Wedges Fruit & Veggie Bar	Fruit & Veggie Bar	
22	23	24	25	26	27	2
	Pop Tart & Boiled Egg	Muffin & Cheese Stick	Egg & Bacon Biscuit	Pancakes w/Sausage	Mini Bagel & Boiled Egg	
	Cheese Pizza	Goulash	Chicken Nuggets	Chicken Gravy & Biscuit	Tomato Soup	
	Rice	Green Beans	Broccoli & Cheese	Carrots	Stuffed Bread Stick	
	Fruit & Veggie Bar	Fruit & Veggie Bar	Fruit & Veggie Bar	Fruit & Veggie Bar	Fruit & Veggie Bar	
	30	31		Offered at Lunch	Fruit & Veggie Bar	
In accordance to Federal	Oatmeal & Toast	Breakfast Pizza		Chocolate, Strawberry	Apples, Peaches	Romaine, Spinach
Law we do not	Pork Fritter & Roll	Tater Tot Casserole		as well as White Milk	Oranges, Pears	Carrots, Tomatoes
discriminate on the basis	Potatoes & Gravy	Green Beans			Bananas, Grapes,	Peppers, Cucumbers
Of race, color, national origin, sex, age, or disability	Fruit & Veggie Bar	Fruit & Veggie Bar			Strawberries	Cheese, Olives

LAMONI COMMUNITY SCHOOL 202 N WALNUT LAMONI, IOWA 50140

#### MISSION STATEMENT FOR LAMONI COMMUNITY SCHOOLS

Through our collective efforts in a caring environment, we will prepare students for a life-long process of learning, which promotes the ability and motivation to contribute to a better world.

## October NEWSLETTER

